

AT 16 WEST

16 Church Ave SW  
Roanoke, Virginia 24011

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# firefly

LUNCH

Monday - Saturday 11 - 3

DINNER

Tuesday - Saturday 5 - 9

Catering | Parties | Special Events - Contact Us!

Gift Certificates Available!

## LUNCH MENU

### SMALL PLATES

<b>Spicy Cheese Slaw</b>	8
pickled sweet onions, baguette, mango chutney	
<b>Smoked Trout Plate</b>	9
sweet & spicy pecans, pickled sweet onions, baguette	
<b>Farmhouse Deviled Egg</b>	2.5
beet chow-chow, remoulade	
<b>Beet &amp; Feta Snack</b>	6
roasted beets, Curtin's feta, toasted almond, tarragon vinegar	

### SOUPS & SALADS

<b>Soup du Jour</b>	4.5/5.5
<b>Firefly Salad</b>	6
baby greens, pickled sweet onions, shaved carrot, tomato, chevre crumbles, herb vinaigrette	
<b>Steak Cobb Salad</b>	12
bibb lettuce, grilled Polyface Farms sirloin, Niman Ranch bacon, pickled sweet onions, farm egg, avocado, gorgonzola crumbles, ranch dressing	
<b>Tuscan Farm Salad</b>	9
baby greens, tomato, Kalamata olives, roasted red pepper, pickled sweet onions, granny smith apple, chevre crumbles, herb vinaigrette	
<b>Spinach Delight</b>	10
baby spinach, red onion, dried cranberries, Polyface Farms chicken, farm egg, sweet/spicy pecans, gorgonzola crumbles, red pepper vinaigrette	
<b>Curried Chicken Salad</b>	10
Polyface Farms chicken, bibb lettuce, toasted almonds, granny smith apple, red onion, herb vinaigrette	

### A LA CARTE

<b>Hoppin' John</b>	4
<b>Creamy Grits</b>	4
<b>Mashed Potatoes</b>	4
<b>Spicy Collards</b>	4
<b>Side Salad</b>	4

### SANDWICHES

served with house pickle & Route 11 chips

<b>Turkey &amp; Bacon Club</b>	9
Applegate Farms roast turkey, Niman Ranch bacon, bibb lettuce, tomato, red onion, blue cheese sauce, multigrain bread	
<b>Chickpea Burger</b>	9
Firefly veggie burger, bibb lettuce, tomato, red onion, fresh mozzarella, remoulade sauce, fresh-baked bun	
<b>Pulled Pork BBQ</b>	9
Polyface Farms pork shoulder, house cole slaw, pickled sweet onions, fresh-baked bun	
<b>Bacon &amp; Blue Burger</b>	11
Buffalo Creek ground beef, Niman Ranch applewood smoked bacon, gorgonzola crumbles, caramelized onion, fresh-baked bun	
<b>Chicken Salad Sandwich</b>	10
Polyface Farms curried chicken salad, bibb lettuce, tomato, red onion, cucumber mint sauce, multigrain toast	
<b>BBQ Tofu Sandwich</b>	9
Twin Oaks tofu, bibb lettuce, tomato, red onion, roasted red peppers, BBQ sauce, multigrain toast	
<b>Meatloaf Sandwich</b>	10
Polyface Farms beef and pork, bibb lettuce, adobo sauce, red onion, fresh mozzarella, baguette	

### LARGE PLATES

<b>Baked BBQ Tofu</b>	10
Twin Oaks BBQ tofu steak, hoppin' John, spicy collards, beet chow chow	
<b>Mushroom Polenta</b>	10
mushroom ragout, Woodson Mills stone-ground grits, wilted greens, aged Parmesan	
<b>Chicken Pot Pie</b>	11
Polyface Farms chicken, carrots, sweet peas & corn, yellow gravy, mashed potatoes	
<b>The Incan Bowl</b>	11
seasoned pinto beans, creole yams, roasted corn, quinoa & brown rice pilaf, beet chow chow	
<b>Petite Sirloin</b>	14
6 oz Polyface Farms grass-fed sirloin, mashed potatoes, spicy collards, malbec cherry jus	

WARNING: Eating raw or undercooked meat, poultry, seafood, eggs, and shellfish might increase the risk of food borne related illness.

# DRINKS

## FRESH JUICE BAR

12 oz Glass 6.5  
16 oz Glass 8

### Firefly Flicker

carrot, apple, lemon, basil

### Sweet & Spicy Pine Beetle

carrot, apple, pineapple, sweet potato, ginger, cayenne

### Maui Mantis

carrot, beet, pineapple, ginger, lemon, cinnamon, nutmeg

### Garden Gnome

carrot, beet, apple, cucumber, celery, spinach

### Gingered Grasshopper

celery, apple, spinach, cucumber, lemon, ginger

### Ladybug

carrot, beet, apple, pineapple, lime, ginger

## DRINKS

Iced Tea 2.25  
organic, unsweetened

Hot Teas 2.25  
organic & fair trade

French Press Coffee 5  
Mattie's Mountain Mud Coffee

Soda 2.25

Buchi Kombucha 5

Saratoga Spring Water 2.25

Saratoga Sparkling Water 2.25/5

## Our Local Partners

Buffalo Creek, Lexington, VA - Curtin's Dairy, Rocky Mount, VA - Ferguson Farms, Rocky Mount, VA  
Good Food Good People, Floyd, VA - Goose Creek Gardens, Montvale, VA - Homestead Creamery, Wirtz, VA  
Lick Run Farm, Roanoke, VA - Mattie's Mountain Mud, New Castle, VA - Monticello Spice Company, Newport, VA  
Polyface Farms, Swoope, VA - Rolling Meadows Farms, Martinsville, VA - Twin Oaks Community, Louisa, VA  
Waterbear Mountain Farm, Floyd, VA - Woodson's Mill, Roseland, VA