

AT 16 WEST

16 Church Ave SW
Roanoke, Virginia 24011

fireflyfare.com | 540.206.2630



firefly

LUNCH

Monday - Saturday 11 - 3

DINNER

Tuesday - Saturday 5 - 9

Catering | Parties | Special Events - Contact Us!

Gift Certificates Available!

DINNER MENU

SMALL PLATES

Spicy Cheese Slaw	8
pickled sweet onions, baguette, mango chutney	
Smoked Trout Plate	9
sweet & spicy pecans, pickled sweet onions, baguette	
Farmhouse Deviled Egg	2.5
beet chow-chow, remoulade	
Beet & Feta Snack	6
roasted beets, Curtin's feta, toasted almond, tarragon vinegar	

SOUPS & SALADS

Soup du Jour	4.5/5.5
Firefly Salad	6
baby greens, pickled sweet onions, shaved carrot, tomato, chevre crumbles, herb vinaigrette	
Steak Cobb Salad	12
bibb lettuce, grilled Polyface Farms sirloin, Niman Ranch bacon, pickled sweet onions, farm egg, avocado, gorgonzola crumbles, ranch dressing	
Tuscan Farm Salad	9
baby greens, tomato, Kalamata olives, roasted red pepper, pickled sweet onions, granny smith apple, chevre crumbles, herb vinaigrette	
Spinach Delight	10
baby spinach, red onion, dried cranberries, Polyface Farms chicken, farm egg, sweet/spicy pecans, gorgonzola crumbles, red pepper vinaigrette	
Curried Chicken Salad	10
Polyface Farms chicken, bibb lettuce, toasted almonds, granny smith apple, red onion, herb vinaigrette	

A LA CARTE

Cole Slaw	4
Mashed Potatoes	4
Spicy Collards	4
Creamy Grits	4

SANDWICHES

served with house pickle & Route 11 chips

Turkey & Bacon Club	9
Applegate Farms roast turkey, Niman Ranch bacon, bibb lettuce, tomato, red onion, blue cheese sauce, multigrain bread	
Chickpea Burger	9
Firefly veggie burger, bibb lettuce, tomato, red onion, fresh mozzarella, remoulade sauce, fresh-baked bun	
Pulled Pork BBQ	9
Polyface Farms pork shoulder, house cole slaw, pickled sweet onions, fresh-baked bun	
Bacon & Blue Burger	11
Buffalo Creek ground beef, Niman Ranch applewood smoked bacon, gorgonzola crumbles, caramelized onion, fresh-baked bun	
Chicken Salad Sandwich	10
Polyface Farms chicken, bibb lettuce, tomato, red onion, cucumber mint sauce, multigrain toast	
BBQ Tofu Sandwich	9
Twin Oaks tofu, bibb lettuce, tomato, red onion, roasted red peppers, BBQ sauce, multigrain toast	

LARGE PLATES

Baked BBQ Tofu	10
Twin Oaks BBQ tofu steak, hoppin' John, spicy collards, beet chow chow	
Shrimp & Grits	10
Woodson Mills stone-ground grits, wild-caught Gulf shrimp, shiitake, caramelized onion, aged parmesan	
The Incan Bowl	11
seasoned pinto beans, creole yams, roasted corn, quinoa & brown rice pilaf, beet chow chow	
Meatloaf Plate	11
Polyface Farms ground beef & pork, mashed potatoes, spicy stewed collards, adobo sauce	
Mushroom Polenta	14
mushroom ragout, Woodson Mills stone-ground grits, wilted greens, aged Parmesan	
Chicken Pot Pie	13
Polyface Farms chicken, carrots, sweet peas & corn, yellow gravy, mashed potatoes, wilted greens	

WARNING: Eating raw or undercooked meat, poultry, seafood, eggs, and shellfish might increase the risk of food borne related illness.

PIZZA

Four Cheese

tomato sauce, monterey jack, goat chevre, fresh herbed mozzarella, aged parmesan

12

Southwest Chicken

adobo sauce, Polyface Farms grilled chicken, roasted corn, tomato, roasted red peppers, monterey jack

15

Winter Cheer

olive oil, goat chevre, almonds, dried cranberries, beet chow chow, wildflower honey

13

Harvest Pesto

basil & pecan pesto, spinach, roasted butternut, mozzarella, aged parmesan

14

Bacon & Blue

gorgonzola spread, Niman Ranch applewood smoked bacon, tomato, fresh garlic, balsamic vinegar, aged parmesan

14

DRINKS

FRESH JUICE BAR

12 oz Glass 6.5

16 oz Glass 8

Firefly Flicker

carrot, apple, lemon, basil

Sweet & Spicy Pine Beetle

carrot, apple, pineapple, sweet potato, ginger, cayenne

Maui Mantis

carrot, beet, pineapple, ginger, lemon, cinnamon, nutmeg

Garden Gnome

carrot, beet, apple, cucumber, celery, spinach

Gingered Grasshopper

celery, apple, spinach, cucumber, lemon, ginger

Ladybug

carrot, beet, apple, pineapple, lime, ginger

DRINKS

Iced Tea 2.25

organic, unsweetened

Hot Teas 2.25

organic & fair trade

French Press Coffee 5

Mattie's Mountain Mud Coffee

Soda 2.25

Buchi Kombucha 5

Saratoga Spring Water 2.25

Saratoga Sparkling Water 2.25/5

Our Local Partners

Buffalo Creek, Lexington, VA - Curtin's Dairy, Rocky Mount, VA - Ferguson Farms, Rocky Mount, VA
Good Food Good People, Floyd, VA - Goose Creek Gardens, Montvale, VA - Homestead Creamery, Wirtz, VA
Lick Run Farm, Roanoke, VA - Mattie's Mountain Mud, New Castle, VA - Monticello Spice Company, Newport, VA
Polyface Farms, Swoope, VA - Rolling Meadows Farms, Martinsville, VA - Twin Oaks Community, Louisa, VA
Waterbear Mountain Farm, Floyd, VA - Woodson's Mill, Roseland, VA